



Republic of the Philippines
Department of Education
Cordillera Administrative Region
SCHOOLS DIVISION OF MOUNTAIN PROVINCE
Bontoc, Mountain Province



Division Memorandum
No.: *[Signature]* S. 2019

TO: All School Health Section Personnel
Public Schools District Supervisors
Elementary and Secondary School Heads

FROM: *[Signature]* SALLY B. ULLALIM, CESO V
Schools Division Superintendent

SUBJECT: 2019 NUTRITION MONTH CELEBRATION

DATE: July 9, 2019

DDP-SD Mt. Province
OFFICE OF THE SCHOOLS DIVISION
SUPERINTENDENT
[Signature]
By: _____
Date: July 09, 2019

1. Pursuant to Section 7 of Presidential Decree No. 491, declaring the month of July of every year as nutrition month, it is being celebrated to create better awareness on the importance of good nutrition. This year's theme is "Kumain ng Wasto at Maging Aktibo... Push Natin 'to", is a call to action for Filipinos to practice healthy diet and engage in regular physical activity and reduce sedentary behaviors which go hand and hand.
2. In line with this, the Schools Division of Mountain Province enjoins all public schools to hold essential and meaningful activities relevant to the theme which will highlight the importance of healthy diet and regular physical activity.
3. Furthermore, adherence to DepEd Order No. 9, s. 2005 (Instituting Measures to Increase Engaged Time-On-Task) shall be strictly observed.
4. A district consolidated narrative report on related activities conducted with pictures shall be submitted on or before August 10, 2019 for consolidation and submission to the regional office.
5. Widest and immediate dissemination of this memorandum to all concerned is desired.