



Republic of the Philippines
Department of Education
Cordillera Administrative Region
SCHOOLS DIVISION OF MOUNTAIN PROVINCE
Bontoc, Mountain Province



DIVISION MEMORANDUM

No.: *190* S. 2019

FROM: *Sally B. Titalim*
SALLY B. TITALIM, CESO V
Schools Division Superintendent

DEPED Mt. Province
OFFICE OF THE SCHOOLS DIVISION
SUPERINTENDENT

RELEASED

By: _____

TO: Public Schools Supervisors
School Heads
School Health Personnel

Date: _____

11 JUL 08 2019

SUBJECT: REITERATION OF DEPED ORDER NO. 13, S. 2017: "POLICY AND GUIDELINES ON HEALTHY FOOD AND BEVERAGE CHOICES IN SCHOOL AND IN DEPED OFFICES

DATE: July 1, 2019

1. Deped order no. 13, S. 2017, entitled " Policy Guidelines on Healthy Food and Beverage Choices in Schools and in DepEd Offices" aims to ensure promotion and development of healthy eating habits among learners and DepEd employees. This memorandum is hence a reiteration for all concerned to strictly follow and implement the policies and guidelines stipulated in the said order.
2. Food and drinks that contain a wide range of nutrients and generally have low saturated, trans fat, sugar and salt content fall under GREEN category and are allowed to be served daily in school canteens, while careful attention should be given in serving those in the YELLOW category- foods and drinks that contain some nutrients but at the same time contain large amounts of saturated or transfat and/or sugar and/or salt. If eaten in large amount, these may contribute to excess calories;hence, these may only be served once or twice a week and should be less prominent in the school canteen menu. Food and drinks that contain high amount of saturated fat or sugar or salt and that may provide excess calories are labeled in RED category and are not recommended to be sold at the school canteen.
3. The Schools Governance Operations Division – the School Health Section, district supervisors, school heads ad private partner representativeare enjoined to conduct strict monitoring to all canteens and provide technical assistance if needed to ensure compliance to the said policy.
4. School Nurses are required to submit a quarterly report to the Division School Health Section and utilize the information collected to provide appropriate technical assistance to schools in making their canteens functional.
5. Any violation of this policy shall be dealt with administratively pursuant to DepEd Order No. 49, series 2016, the Revised Rules of Procedure of Deped on administrative cases.
6. Widest dissemination of and compliance to this Memorandum is desired.